Seville Orange Curd

Prep 15 min Cook 15-30 min

Makes 2 small jars
5 Seville oranges
150g white sugar
250g cold butter, diced
3 whole eggs, beaten

VARIATIONS
Swap seville for blood oranges of regular oranges. Combine with lemons.

Finely grate the zest from the oranges (or use just half if you prefer your curd to be less bitter).

Now squeeze the fruit to give you about 200ml juice; do so through a sieve to make life easier, because Sevilles are full of pips, which can be slippery).

Put the zest and juice in a small, heavy-based saucepan and add the sugar, butter and eggs.

Over a very low heat, stir the mixture until it has thickened enough so that it thickly coats the back of a wooden spoon and a line drawn through it holds its shape.

Pour into clean jars or containers (it should really be eaten within a couple of weeks) and store in the fridge – not only is it excellent on toast, but is also great with plain yoghurt, whipped cream or in the centre of sandwich cakes.

SOURCE: FELICITY CLOAKE FOR THE GUARDIAN PERFECT COLUMN